

# SADF 2.4km – Saturday 7 November 2015

The purpose of this group is to continue the tradition of the SADF, support our community in need and honour our Heroes. We get together at 10 am (South African time – written from Australia) every 1st Saturday of every month and run a 2.4km run and/or do a route march and/or braai.

The group is open to all who have served in the SADF, family and friends - all non-SADF interested in joining are welcome to send me a PM explaining the reason for their interest. Existing members may add non-SADF members at their discretion and in accordance with our objectives and RULES below.

<https://www.facebook.com/groups/1460469440932992/?ref=ts>

Looking forward to seeing some of the manne in strange corners of the world 'get together' (as such) and 'goi gas'.

One of the objectives of the group is to raise awareness and funds for worthy SADF related causes - often required on an emergency basis. Let's stand up for those that need support – as they have supported us.

Thanx for your interest everybody. (Ian van)





