



the Generals Voice

TIM LUKIN SHELLHOLE
NEWSLETTER



No: 07 of 2026

*The happiness of your life depends on the
quality of your thoughts.
Marcus Aurelius*

SEPTEMBER 2026

From the General's Desk

Apologies for the slightly late edition this month. With our Annual General Meeting on the calendar, it made good sense to hold publication until the new Top Table was properly installed and we could bring you all the news in one go. Parade day drew a solid turnout: 20 members on parade, 17 visitors, 15 apologies, and Deputy Old Bill Jose on sick parade. A fine showing all round, and a credit to everyone who made the effort to attend.



Figure 1: Old Bill Colin Byrne; Deputy Old Bill Keven Fenton;
Adjutant Zhan Weinmann; Pay Bill Hayley Fourie;
S/M Craig Herwill

Before formally dismissing the outgoing Executives, District Old Bill Wessie broke briefly from protocol to address the Shellhole. He had nothing but praise for Tim Lukin Shellhole's consistently exceptional attendance, a reputation we keep earning meeting after meeting.

The District Old Bill also offered a neat reminder that every Shellhole is, at heart, a business, and runs best when it sticks to sound business principles. Picture the Old Bill as CEO, steering the ship. The Deputy Old Bill is second-in-command, ready to

step up at a moment's notice. The Pay Bill keeps a steady hand on the finances. The Adjutant plays Company Secretary, wrangling the paperwork and keeping the official record straight. And the Sergeant Major, elected by the Executive itself, is the enforcer who keeps discipline sharp across the ranks.

Our District spans 8 Shellholes and 3 Cottage Schemes, with Shellholes rallying behind fundraising to support Cottage Scheme residents and Moths in need throughout the District. A special mention to Moth Brenda for her outstanding work as District Welfare Officer.

In line with East Rand District Dugout Standing Orders, nominations and voting delivered our new Executive:

- ★ Old Bill: Colin Byrne
- ★ Deputy Old Bill: Kevin Fenton
- ★ Adjutant: Zhan Weinmann
- ★ Pay Bill: Hayley Fourie
- ★ Sergeant Major: Craig Herwill retains his post

Congratulations to all that stood up. We wish them all the best for the coming Moth year.

Don't Let the Lights Go Out: A Frank word to Every Member Who Wears The Moth Badge – Part 2

Last month, we closed with a promise, and this month we deliver 20 ways to build and maintain a Shellhole.

This issue turns the page on the cautionary tale and focuses on the positive: twenty ways to build and maintain a thriving Shellhole. Because a Shellhole is never stronger than the Moths who make it up. Every member who shows up, pitches in, and looks out for the Moth beside him is adding something real and lasting to an organisation worth keeping alive.

The real measure of membership has never been what the Shellhole puts on the table for you. It's what you and your fellow Moths build together.



So let's get building – 20 Ways to Build and Maintain Your Shellhole

1. Show Up — and Show Up on Time

Your presence matters more than you think. Arriving on time, helping to set up, and being ready when the meeting starts sets the tone for everyone.

2. Stay to the End

The function isn't over until the last chair is stacked and the lights are off. Those who stay and help pack up are the ones who truly keep the wheels turning.

3. Speak Up in the Meeting

If you have something to say, say it from the floor, not at the braai or in the bar or in the car park afterwards. Constructive contributions during meetings move the Shellhole forward; grumbling on the way out of the Sanctuary helps no one.

4. Get Involved in the Hard Yards

The Shellhole isn't built on fun evenings alone, even though, those are very welcome. It's built by the Moths who pitch in for the working parties, the planning, and the unglamorous jobs nobody queues up for.

5. Support Your Executives

Your Top Table give their time freely and carry real responsibility. Back them up. If you disagree with something, raise it respectfully through the proper channels, that's what those channels are for.

6. Take an Active Interest in Organisational Affairs

Read the minutes. Follow what's happening at District and Province. A well-informed Moth is an asset; an indifferent one is simply making up the numbers.

7. Be Present in the Room

When the meeting is running, give it your attention. Save the sidebar conversations for after. Your fellow Moths deserve to be heard.

8. Give as Much as You Take

The camaraderie, the fellowship, and the sense of belonging, these things are worth something. Make sure you're putting in at least as much as you're drawing out.

9. Recruit Actively

Think of someone who would benefit from what the MOTH has to offer, a veteran, a former colleague, a neighbour with service behind them. Then actually invite them. Growth doesn't happen by accident. Look to similar youth organisations that carry the same values as the MOTH.

10. Walk the Talk on Teamwork

It's easy to endorse cooperation in principle. The real test is whether you're still enthusiastic about it when it involves extra effort on your part.

11. Commit to the Long Haul

Membership isn't a month-to-month arrangement. Dig in, weather the quiet patches, and be the kind of Moth whose continued presence others can rely on.

12. Say Yes When Asked

When a fellow Moth asks for a hand, look for a reason to say yes before you reach for an excuse. The Shellhole runs on people who are willing.

13. Stay Informed

Read the minutes, check the newsletter, and keep up with what's happening in the organisation. You can't contribute meaningfully to something you're not following.

14. Step Up and Take Responsibility

Carrying a duty or holding an office is not a burden, it's an honour. If you see a gap, consider filling it rather than waiting for someone else to notice.

15. Do the Job Properly

If something has your name against it, see it through. Half measures help no one, and disappearing mid-task leaves your fellow Moths to pick up the pieces.

16. Celebrate Those Who Give of Themselves

When a fellow Moth goes the extra mile, acknowledge it. A word of thanks costs nothing and means a great deal. Good work deserves recognition, not suspicion.

17. Build Consensus, Not Camps

When disagreements arise, and they will, focus on what's best for the Shellhole, not on who's winning the argument. Rally around solutions, not factions.

18. Leave Personal Agendas at the Door



The Shellhole exists for its members collectively, not as a vehicle for individual advantage. Bring your energy, your skills, and your time, and leave self-interest outside.

19. Be an Ambassador for the MOTH

Speak well of your Shellhole and the MOTH. Share the good news, the history, the values. The way you talk about the organisation in public shapes how others see it.

20. Respect and Support Your Leadership, or Stand for Office Yourself

Leadership is not a spectator sport. If you feel strongly about the direction of the Shellhole, the honourable course is to stand for office and make your contribution from the front. If you're not standing, stand behind those who are.

Pay it Forward

A Shellhole stands or falls on the Moths inside it. Every member who shows up, contributes willingly, and stands shoulder to shoulder with the Moth beside him is investing in something that stretches back a hundred years and deserves to last a hundred more.

Stop asking what the Shellhole owes you, and start asking what you owe the Shellhole.

Go and pay it forward.

BIRTHDAYS — SEPTEMBER 2026

Happy Birthday to our Moths:

🎉 Craig Herwill	02 nd September
🎉 Jeannie Estment	07 th September
🎉 Veronica Snyman	29 th September
🎉	



🥂 ***Cheers to all — and thank you for keeping the spirit of MOTH alive and thriving!***

ANNIVERSARY — SEPTEMBER 2026

Each month we'll be pausing to raise a toast to the Moths and Moth Supporters marking another year in our ranks, because commitment deserves more than a passing nod.

This month we salute:

★ Michael	Bowett	23 years
★ Jonathon	Malyon	2 year
★ Louise	Harris	2 year
★ Clive	Coulson	2 year
★ Neville	Boner	2 year



JOIN THE MOTHS - WE NEED YOU!

Ever wondered what happens behind those Shellhole doors? It's not all parades and poppies, there's plenty of laughter, friendship, shared stories, and good-hearted banter too!

Whether you're a veteran or simply someone who values camaraderie, service, and remembrance, you'll find a warm welcome in the MOTHS. We're always looking for good people who believe in *True Comradeship, Mutual Help, and Sound Memory*. These are the values that hold our Order together.

Curious? Come see for yourself!

If you'd like to learn more or attend a meeting, reach out to your local Shellhole for details.

**For information on how to join TIM LUKIN MOTH Shellhole
Contact: Deputy Old Bill Jose: 082-561-2990**

***To Every Member Celebrating This Month:
Thank You For Keeping The Spirit Of Moth Alive And Thriving.
Here's To Many More Years On Parade Together.***

In Closing...

THE GOSPEL ACCORDING TO BOEREWORS A Love Letter to South Africa's Greatest Sausage

There are certain things a South African will defend to the death: the correct pronunciation of "robot," it's a traffic light, not C-3PO, it's takkies, not sneakers, and the superiority of biltong over jerky, and the sacred, non-negotiable integrity of boerewors. There are certain truths a South African learns before he can walk: gravity applies, load shedding is inevitable, and boerewors is not just a sausage — it is a constitutional matter.



Because unlike your garden-variety banger, boerewors isn't just a sausage, it's legislated. That's right: while other nations were busy arguing about pineapple on pizza, South Africa quietly passed Regulation R2410 under the Agricultural Product Standards Act, giving boerewors the kind of legal protection normally reserved for endangered rhinos and corrupt politicians.

Under the regulations, genuine boerewors must contain at least 90% meat typically a blend of beef and pork, and occasionally lamb or goat. The remaining 10% is for spices and other permitted ingredients. Fat is limited to 30% of the meat content to keep the meat juicy, and it should contain no low-grade offal (except for the natural casings) or mechanically separated meat.

Braaiwors, by contrast, can be made of whatever the butcher fancies throwing in that morning. It may share a grill with boerewors, but legally speaking, it is the sausage equivalent of a distant cousin who wasn't invited to the will reading. This is why calling something "boerewors" when it's really just braaiwors in a fancy coil is practically fighting talk at a braai. They may both arrive in a coil, but they are about as closely related as a Moth and his mother-in-law. You wouldn't call Silverside a fillet steak, Would you? Some lines simply cannot be crossed.

Braai Day Or Heritage Day? 24 September,

Which brings us, naturally, to Braai Day, officially Heritage Day, 24 September, but let's be honest,



nobody's queuing up to celebrate "heritage" when there's a fire to be lit, the warm Spring summer sun, a cold beer in hand, and a coil of properly regulated meat waiting for the grid. It is the one day of the year when the entire nation, regardless of language, cultural background or which rugby or soccer team you support, unites around a single sacred question:

"Is the fire ready yet?" followed immediately by the second sacred question, "Who's braaing?" And if the salads are forgotten, everyone raises a glass and blames the spouse.

And then there are rules...

Rule Number One: There is only one braai-master. Democracy ends when the tongs come out. Everyone is entitled to an opinion, but only one person is entitled to burn the meat.

Rule Number Two: When the wife asks if the meat is ready, the “Now-now” reply can mean anything from five minutes to three-quarters of an hour. Experiences know better than to arrive at a braai genuinely hungry.

Rule Number Three: Boerewors goes on the grid in a spiral, never in a straight line. This isn't tradition, it's physics, possibly superstition or maybe it is a matter of national security. Nobody's quite sure, and nobody's brave enough to test it.



Rule Number Four: Never ask an experienced South African whether it is “boerewors or just wors” unless you are prepared for a detailed answer involving percentages, family recipes and the butcher’s reputation. But, answer carefully. Reputations have been lost over lesser disputes.

Rule Number Five: Whatever you do, don't puncture the wors. Unless you’re prepared to be reprimanded, like a six-year old at his first day of school with the condescending lecture, and the disappointed stare of the braai-master.

And remember the golden rule: The fire is never ready when you think it is, and the wors is never finished when your wife thinks it is.

So as September 24th approaches and the smoke starts drifting across the East Rand once more, spare a thought for the humble boerewors, a sausage so treasured that the government felt compelled to protect it by law. Frankly, that is public service we can all get behind.

Remember, when you're standing over the coals with tongs in hand and smoke in your eyes, take a moment to appreciate that you're not just braaing, you're upholding a piece of legally protected national heritage. Not many foods can claim that kind of legal standing. Then again, not many foods are boerewors.

Nou gaan ons Braai!

USEFUL & INTERESTING LINKS

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[Tim Lukin Shellhole Facebook Page](#)

[Tim Lukin Shellhole Official Page](#)

[MMA's Facebook Page](#)

[MOTH Membership – Do you Qualify?](#)

[Warrior’s Gate Virtual Tour](#)

[Eden Radio](#)

[Military Veteran Websites to Visit](#)

[East Rand District Dugout](#)

[Platinum Provincial Dugout](#)

[MOTHWA Home Page](#)

[Moth Roll Of Honour](#)

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GUEST SPEAKERS WANTED FOR 2026

(WARNING: AUDIENCE MAY LAUGH, LEARN, OR CRY)

Got a story worth sharing?

Do you have knowledge that's fascinating, unusual, or surprisingly useful?

Can you capture an audience's attention for 20–30 minutes (in the best possible way)?

Tim Lukin Shellhole is looking for engaging guest speakers to help make our 2026 meetings lively, interesting, and memorable.

You can speak about military history, unique experiences, or specialised knowledge we didn't even know we needed, we'd love to hear from you.



Step Up! Don't be shy! The floor is yours, and we'll be all ears.

Interested? Contact Moth Martin on 084-371-8120.



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